Parks and Recreation







Special Events



Big Truck Day

The east lot of Central Park will be full of the coolest vehicles around for the 11th annual Big Truck Day. Explore the insides of awesome vehicles like an ambulance, fire truck, garbage truck and so much more!

This event is a partnership between Woodbury Public Safety, Parks and Recreation, Public Works and the Washington County Library.

Central Park, 8595 Central Park Place Free Saturday, Sept. 25 9 a.m.-noon

Cookies and Crafts with Santa

Santa will be taking a break from making toys and wants you to join him and a few of his helpers in decorating cookies, making a fun holiday craft and taking pictures. Bring your own camera and a great big smile for Santa!

Recommended ages 2 and up with an adult

Res/NR \$10 per child (only children need to register)
Eagle Valley Golf Course Banquet Room

Saturday, Dec. 4	9 a.m.	#550912-01
	10 a.m.	#550912-02
	11 a.m.	#550912-03
	noon	#550912-04



Halloween Hoopla

Come dressed in your best costume for an afternoon of family fun! Children will search for a mini pumpkin to decorate, trick-or-treat at various stations, make a craft and play Halloween games. Those who choose to wear costumes may win prizes from the secret judge! Plus, strike your spookiest pose in the photo booth. This event is open-house style; activities will be cleaned up at 5 p.m.

Recommended for ages 3-12 \$10 per child Ojibway Park (only children need to register)

Saturday, Oct. 23 3-5 p.m. #550913-02





More Events

on inside back cover

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Registering online is easy!

- 1. Visit $\underline{woodburyrecreation.com}$ and select the green "Register or view programs and events" button.
- 2. Login with your username and password.
 - · If you have never used our system before, you may create an account online.
 - If you are unsure of your username or password, and you do not have an email address on file with us, please contact us at 651-714-3583.
- 3. Click on "Age Range" and then "Activity Type," or use the keyword search.
- 4. Click the green plus sign button and Add to Cart at the bottom of the screen.
 - You can enroll in multiple classes or register multiple participants at the same time.
- 5. Continue shopping or proceed to checkout.

Please note the registration dates below.

Important Registration Dates

Week of Aug. 2

Brochures mailed to Woodbury households.

Wednesday, Aug. 11

Online registrations.

Friday, Aug. 13

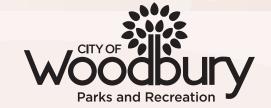
Open registration begins (phone, mail or walk-in).

For some programs, prices are different for residents (Res) and non-residents (NR).

Review important registration information online at woodburyrecreation.com

Refund and Cancellation Policy

- You may cancel a registration 10 business days before the start of the class. You will receive a refund, minus a \$5 administrative fee per program per person for programs with a fee of \$74.99 and under; a \$10 administrative fee per program for programs with a fee of \$75 to \$149.99; and a \$15 administrative fee for programs with a fee of \$150 or above. Programs with fees of \$10 or less will not qualify for a refund. Note: Program credits are not available.
- Cancellations less than 10 business days prior to the start of the program will not be eligible for refunds.
- · There will not be prorating of class fees or program credits.
- Contact the Parks and Recreation Department at 651-714-3583 to process a cancellation.



City Hall

woodburyrecreation.com 8301 Valley Creek Road, 651-714-3583

Michelle Okada, parks and recreation director

Josh Kinney, parks planner

Jodi Sauro, parks and recreation coordinator

Reed Smidt, recreation manager

Elizabeth Owens, recreation program specialist

Jeremy Bailey, recreation program specialist

Jonathan Hagen, recreation technician

Belinda Reed, administrative assistant

HealthEast Sports Center

healtheastsportscenter.com 4125 Radio Drive, 651-714-3740

Katie Ryden, sports center assistant manager Andrew Stoffel, building maintenance technician Kathy Griffith, administrative assistant technician

Eagle Valley Golf Course

eaglevalleygc.com

2600 Double Eagle Lane, 651-714-3750

Dan Moris, recreation enterprise manager Dave Erickson, golf course superintendent

Joseph Otto, assistant superintendent

Central Park

woodburycentralpark.com 8595 Central Park Place, 651-714-3799

Polly Blom, Central Park manager

Lookout Ridge Indoor Playground

woodburylookoutridge.com 8595 Central Park Place, 651-714-3799

Parks Maintenance

Paul Griffin, parks manager

Kevin Burshten, assistant parks manager Amy Howard, assistant parks manager

Parks and Natural Resources Commission

Meetings are held on the first Tuesday of every month at 7 p.m. and are open for the public to attend and comment. Agendas may be obtained at City Hall or on the city's website.

Commissioners:

Deborah Musser

Timothy Brewington II

Greta Bjerkness (Chair)

Isaac Eikenberry, *student* Arin Kurttila

Bruce Montgomery Rachel Nelson

Kari Freymann

Benjamin Sayers, student



Amazing Athletes

Amazing Athletes is a developmental sports and physical fitness program available for children aged 18 months to 6 years.

Amazing Tots

Amazing Tots is a guided, discovery-based sports program designed to engage, maintain, and develop a toddler's attention span and physical abilities. Each 30-minute class encompasses a discovery lesson in one or two different sports, structured physical challenges and organized physical exploration activities. Significant emphasis is placed on imaginative fitness activities along with color recognition, shape classification, letter identification, and action vocabulary experiences (over, under, around, etc.).

Ages 18 months-3 years		Res \$75/NR \$90
HealthEast Sports Center Field I	House	
Wednesdays, Sept. 1-29	9-9:30 a.m.	#551138-24
	10:30-11 a.m.	#551138-26
Wednesdays, Oct. 6-Nov. 3	9-9:30 a.m.	#551138-28
	10:30-11 a.m.	#551138-30
Wednesdays, Nov. 10-Dec. 15	9-9:30 a.m.	#551138-32
(No class Nov. 24)	10:30-11 a.m.	#551138-34

Amazing Athletes

Develop your child's motor skills, hand-eye coordination, cardiovascular fitness and more through Amazing Athletes. Each 40-minute class encompasses two different developmental sport lessons, muscle identification and fruit or vegetable introduction, using fun activities so they can build skills, at their own pace, in a non-competitive atmosphere.

Ages 3-5		Res \$75/NR \$90
HealthEast Sports Center Field H	Iouse	
Wednesdays, Sept. 1-29	9:40-10:20 am	#551138-25
	11:10-11:50 am	#551138-27
Wednesdays, Oct. 6- Nov. 3	9:40-10:20 am	#551138-29
	11:10-11:50 am	#551138-31
Wednesdays, Nov. 10-Dec. 15	9:40-10:20 am	#551138-33
(No class Nov. 24)	11:10-11:50 am	#551138-35



Soccer Shots

9:55-10:25 a.m.

10:35-11:05 a.m.

11:15-11:45 a.m.

11:55 a.m.-12:25 p.m.

A high-energy program introducing children to fundamental soccer principles and skills using fun games, songs and positive reinforcement. Weekly sessions focus on basic soccer skills like dribbling, passing and shooting. Your child's character and attitude will be challenged and molded in a positive way as they are taught teamwork, sharing, communication and respect.

Mini Ages 2-3		
Classic Ages 3-5		
Premier Ages 5-8		
Thursdays, Sept. 16-Nov	v. 18	Res \$175/NR \$200
HealthEast Sports Center F	ield House	
10 week session, Soccer Sho	ots jersey included.	
9:00-9:30 a.m.	Mini	#551108-02
9:40-10:10 a.m.	Mini	#551108-03
10:20-10:50 a.m.	Classic	#551108-04
11-11:30 a.m.	Classic	#551108-05
Saturday, Sept. 11-Oct. 3	30	Res \$152/NR \$172
Evergreen West Park Build	ing	
8-week session, Soccer Shots jersey included.		
All sessions outdoors, pleas	se dress for the weather.	
9:15-9:45 a.m.	Mini	#551108-06
9:55-10:25 a.m.	Young Classic*	#551108-07
10:35-11:05 a.m.	Mini	#551108-08
11:15-11:45 a.m.	Premier	#551108-09
11:55 a.m12:25 p.m.	Advanced Classic*	#551108-10
12:35-1:05 p.m.	Classic	#551108-11
Saturday, Sept. 11- Oct. 30		Res \$152/NR \$172
HealthEast Sports Center Red Field 26		
8 week session, Soccer Shots jersey included.		
o meen session, seeder sno		
All sessions outdoors, pleas	se dress for the weather.	

Advanced Classic*

Young Classic*

Classic

Premier

#551108-13

#551108-14

#551108-15

#551108-16



Super Hero Camp

Become a superhero in this exciting four week training program! We will create a super mask that you can wear each week as you train to become a superhero. In this class we will do different games, activities and drills to develop your skills and make you into a true superhero! Costumes welcome!

Middleton Elementary School Gym		Res \$30/NR \$40
Mondays, Sept. 13-Oct	. 4	
Ages 4-6	6:30-7 p.m.	#551131-05
Ages 5-7	7:05-7:35 p.m.	#551131-06

Mini Mat Time

201 (2.1.)

A basic introduction for our littlest tumblers. Participants and their parents will learn pencil rolls, log rolls, forward rolls, balance and other general techniques. Relays, games and parachute fun will be included. *Adult participation is required*.

Ages 2.5-3.5 with participating adult		Res \$25/NR \$35
Middleton Elementary School Gy	m .	
Tuesdays, Sept. 21-Oct. 12	6:30-7 p.m.	#551134-07
Mondays, Nov. 1- 22	6:30-7 p.m.	#551134-08

Tiny Tumblers

This introductory program is designed to strengthen muscles and improve agility and coordination. Participants will learn forward and backward rolls and an introduction to general techniques will be taught. Fun relays, games, exercises and races will be included. *Each session is same curriculum, but offered on different sets of dates*.

Ages 3-5		Res \$25/NR \$35
Middleton Elementary School Gy	rm	
Tuesdays, Sept. 21-Oct. 12	7:05-7:35 p.m.	#551134-09
Mondays, Nov. 1-22	7:05-7:35 p.m.	#551134-10



Pee Wee for 3s (PW3)

PW3 is a great way to give 3-year-olds a taste of being on a team and introduce them to the skills of soccer, t-ball, basketball, and floor hockey. Fun games and drills will teach basic skills. Modified 5-on-5 games will be played as skills are developed. Adult participation is required with assisting children in learning how to warm up, take turns, practice skills and be part of a team. Fee includes a t-shirt

Age 3 (with participating adult)		Res \$40/NR \$50
Middleton Elementary School Gy	7 m	
Thursdays, Sept. 16 - Oct. 7	6:15-6:45 p.m.	#551106-01
Thursdays, Sept. 16 - Oct. 7	6:55-7:25 p.m.	#551106-02
Fridays, Oct. 15-Nov. 12	6:15-6:45 p.m.	#551106-03
Fridays, Oct. 15-Nov. 12	6:55-7:25 p.m.	#551106-04
(no class Oct. 22)		
Wednesdays, Nov. 10-Dec. 8	6:15-6:45 p.m.	#551106-05
Wednesdays, Nov. 10-Dec. 8	6:55-7:25 p.m.	#551106-06
(No class Nov. 24)		

Pee Wee Sports

Participants will learn the basic skills and rules of the chosen sport through fun drills and games. Pee Wee Sports promotes sportsmanship, physical activity and peer interaction in a team atmosphere. The last practice will include a game between the children and adults. Adult participation is required with assisting children in skills and drills. Fee includes a t-shirt.

children in skins and drins. Fee includes a t-smit.		
Ages 4-5 (with participating adult)		Res \$40/NR \$50
Middleton Elementary School G	ym	
Basketball		
Tuesdays, Sept. 14-Oct. 5	6:15-7:00 p.m.	#551101-15
Tuesdays, Sept. 14-Oct. 5	7:05-7:50 p.m.	#551101-16
Wednesdays, Oct. 13-Nov. 3	6:15-7:00 p.m.	#551101-21
Wednesdays, Oct. 13-Nov. 3	7:05-7:50 p.m.	#551101-22
Soccer		
Wednesdays, Sept. 15-Oct. 6	6:15-7:00 p.m.	#551101-17
Wednesdays, Sept. 15-Oct. 6	7:05-7:50 p.m.	#551101-18
Mondays, Oct. 11-Nov. 8	6:15-7:00 p.m.	#551101-19
(no class Oct. 25)		
Mondays, Oct. 11-Nov. 8	7:05-7:50 p.m.	#551101-20
(no class Oct. 25)		
Combo		
Mondays, Nov. 15-Dec. 6	6:15-7:00 p.m.	#551101-23
Mondays, Nov. 15-Dec. 6	7:05-7:50 p.m.	#551101-24
Floor Hockey		
Tuesdays, Nov. 16-Dec. 7	6:15-7:00 p.m.	#551101-25
Tuesdays, Nov. 16-Dec. 7	7:05-7:50 p.m.	#551101-26





Sing, dance, play and learn! Music Together is an award-winning music and movement class for infants, toddlers, preschoolers and the grownups who love them. Experience delightful ways to interact musically with your child, all designed to support their overall development. The rich music environment is full of opportunities for experimentation and play to help your child grow into a confident, life-long music maker. Participants will receive a CD, code to download the music to use with the free app, illustrated songbook and parent education materials.

A \$43 mandatory supply fee will be collected on the first day of class. One fee per family.

Ages newborn-6 years

First child: Res \$146/NR \$166

Second child: Res \$104/NR \$104

Auditor child: Free (siblings under 8 months with a registered child, born on or after January 20, 2021)



Music Together Free Demo Class

These are for caregivers who are seriously considering registering but would like to try a class with their child first. Registration is required. Families will only be allowed to try one demo class

Kargel Park Building

Thursday, Sept. 9	9:15-10 a.m.	#550761-15
Friday, Sept. 10	10:15-11 a.m.	#550761-16
Saturday, Sept. 11	10:15-11 a.m.	#550761-17
Tuesday, Sept. 14	9:15-10 a.m.	#550761-18

Kargel Park Building		Activity # Auditor #
Tuesdays, Sept. 21-Nov. 23	9:15-10 a.m.	#550765-40 #550762-40
Tuesdays, Sept. 21-Nov. 23	10:15-11 a.m.	#550765-41 #550762-41
Tuesdays, Sept. 21-Nov. 23	11:15 a.mnoon	#550765-42 #550762-42
Thursdays, Sept. 23- Dec. 2	9:15-10 a.m.	#550765-43 #550762-43
(No class Nov. 25)		
Thursdays, Sept. 23- Dec. 2	10:15-11 a.m.	#550765-44 #550762-44
(No class Nov. 25)		
Thursdays, Sept. 23- Dec. 2	11:15 a.mnoon	#550765-45 #550762-45
(No class Nov. 25)		
Fridays, Sept. 24-Dec. 3	9:15-10 a.m.	#550765-46 #550762-46
(No class Nov. 26)		
Fridays, Sept. 24-Dec. 3	10:15-11 a.m.	#550765-47 #550762-47
(No class Nov. 26)		
Saturdays, Sept. 25-Dec. 4	9:15-10 a.m.	#550765-48 #550762-48
(No class Nov. 27)		
Saturdays, Sept. 25-Dec. 4	10:15-11 a.m.	#550765-49 #550762-49
(No class Nov. 27)		





We teach proper technique, terminology, body awareness, and an appreciation for the arts. Our goal is that students will not only find a love for the arts but also build healthy habits, self-esteem and skills that will be helpful to them for the rest of their lives!

Wish Upon a Ballet

Wish Upon a Ballet is a dance program for children that incorporates popular children's stories as well as ballet stories to create a dance class that is more than ballet steps. Using musical instruments, parachutes and scarves, we will create a complete fairy tale experience while we skip, leap, jump and spin. An introduction to the movements and vocabulary of ballet are taught in a fun and creative manner. Children will learn an appreciation of dance and music while developing strength and flexibility. Parents, family and friends are invited to observe a special performance at the end of each session. Come join the fun! Students will need ballet shoes and comfortable clothes they can move around in. Shoes will be available to purchase on the first day of class.

HealthEast Sports Center (2nd level studio)

Ages 3-6	11-11:45 a.m.	Res \$75/NR \$90
Sleeping Beauty	Mondays, Sept. 13-Oct. 25	#550781-08
Cinderella	Mondays, Nov. 1-Dec. 13	#550781-09



We Can Be Heroes Musical Theater Class

We need your help to save the world! Team up and put together a show! We will learn music and choreography from We Can Be Heroes and put together our own musical! Everyone will learn how to put together a professional show from start to finish. Learn how to properly speak your lines, block a scene, develop your character and much more! We will also play fun creative games! No experience necessary. All that is needed are comfortable clothing and lightweight tennis shoes or dance shoes. Friends and family are invited to a special performance on Dec. 9 (last day of class) at Woodbury Central Park Amphitheater.

HealthEast Sports Center (2nd level studio)

Ages 7-11	7-8 p.m.	#550781-12
(No class Oct. 21 and Nov. 25)		
Thursdays, Sept. 30-Dec. 9		Res \$125/NR \$145

New Cinderella Musical Theater Class

Would you like to be royalty, a funny sidekick or a villain? Explore different characters and put on a show! Learn music and choreography from the NEW Cinderella story and put together our own musical! Learn to properly speak your lines, block a scene, develop your character and much more! We will also play fun creative games! No experience necessary. All that is needed is comfortable clothing and lightweight tennis shoes or dance shoes. Friends and family are invited to a special performance on Dec. 9 (last day of class) at Woodbury Central Park Amphitheater.

HealthEast Sports Center (2nd level studio)

Thursdays, Sept. 30-Dec. 9		Res \$125/NR \$145
(No class Oct. 21 and Nov. 25)		
Ages 3-4	5:15-6:15 p.m.	#550781-10
Ages 5-7	6-7 p.m.	#550781-11



Game Day with Adventures in Cardboard

Join Adventures in Cardboard (AiC) team members for an exhilarating day! Game Day games are similar to live-action versions of strategic board games; think Risk or Stratego but played on one's feet with the park area as the playing board. Territories will be found, captured and defended. The action in a Game Day ranges from sportingly competitive to creatively improvisational. Whether kids like to dive into mock battle or wander about the realm looking for hidden magic treasure, they will find something they love! In the first hour, AiC artists will help teams create tagging swords and shields and practice the rules of Safe Sword Tag. Participants will then quickly dive into setting-up rules and expectations, then jump into a game of strategic capture the flag, where they will try out different strategies, create alliances and find magical relics to assist them on their epic adventures. Please pack a lunch, water bottle and dress for the weather as we play outside rain or shine!

Ages 8-12		Res \$99/NR \$114
Ojibway Park		
Friday, Oct. 22	9 a.m3 p.m.	#551611-02



Fall Fishing

This returning program invites participants and families to come out and learn about local lakes and the many fish species living within. Participants will also assemble a small tackle box. Bait will be provided by staff.

Adult participation and supervision is required. Fishing poles are not provided but can be purchased below. All other supplies including bait and tackle will be provided by staff. Please be sure to bring your own fishing pole if you do not plan on purchasing one. Family members are encouraged to fish with their children. *Important note – a valid MN fishing license is required for anglers ages 16 and older. Fishing licenses can be purchased at your local sporting goods store or online at the Minnesota Department of Natural Resources website.

Ages 7-12	Res \$25/NR \$35 per participant	#551250-40
Powers Lake Park Shel	ter	
Thursday, Oct. 14	5:30-6 p.m. – Instructional Session (Pic	enic Shelter)
	6-7 n m = Open Fish	

Rod and Real Fishing Pole Combo (Optional - \$30.00)

Registration for orders close Oct. 7 for fishing rods #551250-42



Science Explorers: At Home Science Kit!

Science Explorers is offering STEM kits through their at home STEM educational line, Discovery Explorers. Each kit includes either an instructional video or written instructions with all of the materials that you will need to complete each science project. More information for each kit can be found at WoodburyRecreation.com. Kit topics are below.

A	ge	6-	11

8		
Wizard School	Res \$69/NR \$79	#551272-05
Ages 7-12		
Crazy Chemistry	Res \$70/NR \$80	#551272-01
STEM Sampler: PH Testing and Art Bot	Res \$70/NR \$80	#551272-02
Ages 8-12		
Science of Slime and Crazy Catapults	Res \$45/NR \$50	#551272-03
Young Inventors	Res \$70/NR \$80	#551272-04

East Metro Miracle League

The East Metro Miracle League (EMML) offers adaptive recreation programs specifically for youth ages 3-18 with cognitive and/or physical challenges. These recreation programs provide an opportunity to participate in games, sports, activities and recreation leagues/classes. We offer various programs such as bowling, sports sampler, baseball and other programs and events throughout the year!

If interested in learning more about the programs we currently offer or would like to sign up for email notifications to receive updates on new program offerings, please contact Jeremy at jeremy.bailey@woodburymn.gov or 651-414-3436.



@EastMetroMiracleLeague

EMML Bowling

Miracle League Bowling is designed specifically for youth with cognitive and/or physical challenges. Participate in fun-filled games of bowling at Sun Ray Lanes. Participants will learning the importance of sportsmanship, physical activity and peer-interaction in a fun atmosphere. **During each session, an adult guardian is required to be onsite assisting their participant as they bowl.**

Sun Ray Lanes, 2245 Hudson Road, St. Paul

Participant (\$45 per session)	Ages 3 and older	
Session 1:		
Saturdays, Oct. 2-23	noon-1:30 p.m.	#551261-01
Session 2:		
Saturdays, Oct. 30-Nov. 20	noon-1:30 p.m.	#551261-02



MEA Break Geocaching Adventure

Join us for an afternoon of exploration as we try to find as many caches as possible. A quick lesson will be given on geocaching and then a full session of hunting at Lake Elmo Park Reserve. We will meet at City Hall in the parking lot and bussed over to Lake Elmo to go Geocaching. GPS units provided. Space is limited!

Ages 8-15		Res \$20/NR \$20
City Hall, 8301 Valley Creek Rd.		
Friday, Oct. 15	2:30-5 p.m.	#551251-03
Volunteer (free)	Ages 12 and older	#551261-09

Youth Volleyball

Little Spikers

It's never too early to start playing volleyball! Our energetic, enthusiastic and experienced coaches are ready to teach your future volleyball player. Learn all of the basics while doing fun drills and games during this 5-week program. Children will learn how to hit and serve, pass to the target and keep the ball from hitting the floor. Special equipment will be used for this class to ensure good form, build confidence and grasp volleyball concepts.

Ages 5-7		Res \$70/NR \$85
E-STEM Middle School Gym, 60	oo Weir Drive	
Thursdays, Sept. 23-Oct. 21	6:15-7 p.m.	#551215-11
Thursdays, Nov. 4-Dec. 9	6:15-7 p.m.	#551215-12
(No class Nov. 25)		

Big Spikers

Develop and improve your skills in this fun 5-week program! Learn proper bump, set and spike form all while playing fun games and drills. Your child will also learn how to properly server, volley and pass to a target. Special lightweight volleyballs will be used to build confidents and proper form.

Ages 7-10		Res \$70/ NR \$85
E-STEM Middle School Gym, 6	00 Weir Drive	
Thursdays, Sept. 23-Oct. 21	7:10-8:10 p.m.	#551215-14
Thursdays, Nov. 4-Dec. 9	7:10-8:10 p.m.	#551215-15
(No class Nov. 25)		





Youth Tennis Lessons

10 and Under Tennis is taking the nation by storm as it is designed and structured for players of any age to learn, rally and play tennis quickly in a way that is both enjoyable and rewarding. With 10 and Under Tennis, the game is scaled down to the age and size of the player by utilizing smaller racquets, slower and lighter balls, shorter court dimensions, smaller nets and modified scoring. You do not see kids playing soccer or baseball with adult-sized equipment on regulation size fields, and now the same can be said for tennis! With 10 and Under Tennis, kids are having success and enjoying the game right away as the sport is modified to their size and ability. Kids will be wanting to come back for more and developing a passion for this lifetime sport! Ten-and-Under tennis equipment, including racquets, is provided for all class levels.

Little Shots (LST) Ages 4-6 Res \$42/NR \$52

This class will introduce youth to the great game of tennis. Kids will learn tennis basics through a variety activities and fun mini games.

Big Shots (BST) Ages 7-9 Res \$42/NR \$52

This class focuses on improving strokes and rallying with kids of similar ages and ability levels. Kids will begin to play matches in a fun, age-appropriate environment using modified scoring.

Youth Beginner (YB) Ages 10-12 Res \$47/NR \$57

Using age-appropriate formats, this class is an introduction to the basic strokes and rules of tennis. In addition to drills, each session will focus on group games in a fun environment. Low compression tennis balls will be used to accelerate learning and increase success.

	-0		
E-STE	M Middle School Gym, 600 Weir D	rive	
LST	Mondays, Sept. 20-Oct. 18	6:15-7:00 p.m.	#551850-30
BST	Mondays, Sept. 20-Oct. 18	7:05-7:50 p.m.	#551851-30
LST	Wednesdays, Sept. 22-Oct. 20	6:15-7:00 p.m.	#551850-31
YB	Wednesdays, Sept. 22-Oct. 20	7:05-7:50 p.m.	#551852-20
LST	Mondays, Nov. 1-29	6:15-7:00 p.m.	#551850-32
BST	Mondays, Nov. 1-29	7:05-7:50 p.m.	#551851-31
LST	Wednesdays, Nov. 3-Dec. 1	6:15-7:00 p.m.	#551850-33
YB	Wednesdays, Nov. 3-Dec. 1	7:05-7:50 p.m.	#551852-21

For all levels, the age listed is a guideline; however, students can register for classes based on skill level or previous level completed.



Amazing American History

Join Kathy Simmer to explore fascinating topics from America's past. Get a better understanding of what happened and find out how these events shaped our nation. Kathy will donate her portion of the class fee to the Alzheimer's Association.

Down and Dirty: The Ugly Thirties

The 1929 stock market crash wiped out many people's savings. Our nation spiraled down into a Great Depression. Federal troops were sent to attack American WWI veterans. All this was accompanied by the Dust Bowl years that literally blew farmers' land away along with their livelihoods. Learn about the causes of these calamities, and hear the stories of those who suffered and survived through the ugly 1930s.

Ages 18 and older		Res/NR \$15
Central Park, Valley Creek A Room	1	
Wednesday, Sept. 29	1-3 p.m	#552023-01

'Go to Heaven for the Climate and Hell for the Company' - Mark Twain

How did Sam Clemens turn into Mark Twain? Why was he such a popular figure among the elite—scientists, politicians, and captains of industry—even as he poked fun at them? What were his views on politicians? Why was he so eager to become a rich man? What caused the bitterness near the end of his life? Discover the answers to these questions along with lots and lots of the famous Twain humor.

Ages 18 and older		Res/NR \$15
Central Park, Valley Creek	A Room	
Wednesday, Oct. 27	1-3 p.m.	#552023-02

55+ Driver Discount Program

This course is coordinated by St. Cloud State University's Minnesota Highway Safety and Research Center. A certified instructor teaches the class. According to Minnesota law, persons ages 55 and older who complete the course qualify for a 10 percent discount on their auto insurance premiums for three years.



First time participants must complete two, four-hour sessions. Repeat persons are required to take a four-hour refresher course.

Ages 55 and older	Four-hour refresher \$24	
	Eight-hour \$28	

	Eight-hour \$28
Central Park, Valley Creek B Room	
Eight-hour Class	
Tuesday and Thursday, Aug. 3 and 5	3-7 p.m.
Tuesday and Thursday, Nov. 2 and 4	3-7 p.m.
Four-hour Refresher Class	
Tuesday, Aug. 3	8:30 a.m12:30 p.m.
Wednesday, Aug. 4	8:30 a.m12:30 p.m.
Tuesday, Sept. 7	8:30 a.m12:30 p.m.
Tuesday, Sept. 7	3-7 p.m.
Wednesday, Sept. 8	8:30 a.m12:30 p.m.
Tuesday, Oct. 5	8:30 a.m12:30 p.m.
Tuesday, Oct. 5	3-7 p.m.
Wednesday, Oct. 6	12:30 p.m4:30 p.m.
Tuesday, Nov. 2	8:30 a.m12:30 p.m.
Wednesday, Nov. 3	8:30 a.m12:30 p.m.
Tuesday, Dec. 7	8:30 a.m12:30 p.m.
Wednesday, Dec. 8	8:30 a.m12:30 p.m.

To register for one of the sessions above or for more information call the Minnesota Highway Safety and Research Center Toll Free at 1-888-234-1294 or visit mnsafetycenter.org.

Fun and Games

Play organized Duplicate or Social Bridge, 500 Cards or Mah-Jongg at Central Park in the lower level meeting rooms. Refreshments and beverages will not be provided, bring your own individual (no sharing items, please).

\$30 annual fee per person

(\$15 - late start in July 2021) #552022-01

Register online at WoodburyRecreation.com or at the Recreation desk at Central Park. Please make checks payable to City of Woodbury. We also accept cash or American Express, Discover, MasterCard and Visa.

Duplicate Bridge

Mondays, July 12-Dec 20	12:30-3:30 p.m.	Valley Creek Room B
Does not meet on: Sep. 6, Dec.27		
Thursdays, July 8-Dec 30	9 a.mnoon	Valley Creek Room B
Does not meet Nov. 11 or Nov. 25		

Organized by the Woodbury Bridge Club and players must have a partner. Contact: woodburybridgeclub.org

Social Bridge

Pre-registration not necessary

Tuesdays, July 6-Dec. 28 9 a.m.-noon. Valley Creek Room B

Contact: Woodbury Bridge Club/Tom Boylan at 651-731-2472

Social Bridge

Fridays, July 9-Dec. 31 12:30-3:30 p.m. Valley Creek Room A *Does not meet Nov. 26 or Dec. 24*

Pre-register each week, Contact: Jackie Easton at 651-735-4526

Mah-Jongg

Pre-registration not necessary

Thursdays, July 8-Dec 30 9 a.m.-noon. Valley Creek Room A

Does not meet Nov. 11 or Nov. 25

500 Cards

Pre-registration not necessary	Valley Creek Room A
Thursdays, July 8-Dec 30	12:30 p.m3:30 p.m.
Does not meet Nov. 11 or Nov. 25	



USTA Adult Tennis

Find yourself in the game! Have fun, stay in shape and meet new friends while playing the lifetime sport of tennis. All classes taught by a USTAtrained instructor.

Ages 18 and older Res \$63/NR \$78

Edgewater Park tennis courts

Advanced Beginner

For players who know the basic strokes and are working further on ball tracking, movement and consistency. Players ready for introductory social match play.

Tuesdays, Sept. 7-Oct. 5 #5512862-09 5:45-6:45 p.m.

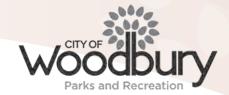


Juniper Wellness Classes

Join Juniper for virtual classes to get fit, prevent falls and live well on Zoom! Don't know Zoom? Do not worry-we will teach you! Classes offered by local Minnesota organizations.

Tai Ji Quan: Moving for Better Balance	Free
Mon & Wed, July 14 –Oct 6	10-11 a.m.
Tues & Thurs, Aug. 31 -Nov 19	10-11 a.m.

Discover more at your juniper.org or call 1-855-215-2174.



Adult Athletics

Fall Softball Leagues

Registration is currently open for fall softball leagues. Registration closes Monday, August 2 or until leagues are full. If you are interested in registering your team, please contact Woodbury Parks and Recreation at 651-714-3583 as soon as possible. All leagues are sanctioned USSSA. Games are played at HealthEast Sports Center on various evenings mid-August through the beginning of October. We offer league play for men's and co-rec teams.

Fall Soccer Leagues (8v8)

The fall soccer season is quickly approaching. League games are played at HealthEast Sports Center indoor field house. The men's division plays on Wednesday nights and the co-rec division on Friday nights. Registration is currently open for all teams and closes Monday, August 23. The season will start Wednesday, Sept. 8 (men's) and Friday, Sept. 10 (co-rec). Leagues have space for 12 teams and will consist of 10 total games. Note: soccer league registration materials for winter session will be available in early October.

Fall Volleyball Leagues – Women's and Co-Rec

Organize a team and join one of our fall volleyball leagues. We offer a women's division on Tuesday nights and co-rec division on Friday nights. Games are played at Woodbury High School in the Activity Center. The season will start Tuesday, Sept. 28 (women's) and Friday, Oct. 1 (co-rec). Leagues have space for 16 teams and will consist of 10 total games. Registration closes Friday, Sept. 10. Note: volleyball league registration materials for winter session will be available in late October.

Fall Basketball League (Men's 5-on-5)

Organize your team early to make sure you get a spot in this popular men's 5-on-5 basketball league. Games are played Tuesday evenings at Crosswinds/E-Stem School starting on Nov. 30. League will consist of 8 regular season games and a season-ending league tournament. Registration will open in early September and closes Friday, November 12.

Winter Broomball Leagues

Back by popular demand! Woodbury will be offering broomball this winter on Wednesday evenings at the HealthEast Sports Center outdoor rink. The season will begin on Wednesday, December 22 (weather permitting). All experience levels are welcome, players will need to provide their own equipment. Registration will open in early October and closes on Monday, Dec. 6. League will consist of 6 regular season games and a season-ending league playoff.

More Information

For more information or to have a registration packet mailed or emailed to you, call Woodbury Parks and Recreation at 651-414-3436 or email jeremy.bailey@woodburymn.gov. League information also is posted online at teamsideline.com/woodburymn.

All players, on any adult leagues, must be 18 years of age or older.



Become a fan of Adult Athletics on Facebook

Stay up-to-date on the latest news, events and happenings surrounding adult athletic leagues in Woodbury. @WoodburyAdultAthletics

HealthEast SPORTS CENTER



Learn to Skate Program

Ice Sports Industry (ISI) Learn to Skate Program offers a skill progression designed to enhance the capabilities of each skater.

Special Notes

- Protective headgear is required for all children under the age of five. Bicycle
 helmets or lightweight hockey helmets are acceptable. The Learn to Skate
 Program does not have headgear available.
- Skate rental (\$6) and sharpening (\$6) are available during skating lessons. Please make sure your skates fit properly and the blades are sharp.
- No shoes or boots are allowed on the ice as the shoes bring dirt from outside to the ice surface, which is dangerous.
- Class times are subject to change, depending on scheduling. Each participant
 will be notified well in advance of any changes.
- All skaters should pick up their nametag as they enter the arena. Class time, instructor and class level are on the tag. The instructor and student will have the same color nametag.
- Skaters should wear warm, comfortable clothing. We suggest they dress in layers so jackets or sweaters may be removed as the skaters warm up. Mittens or gloves are a must. No tight jeans, as they restrict movement.
- Skaters may be moved during the first few weeks of class to a level that is appropriate for them.
- All group skating lessons are ½ hour class time, ½ hour practice time.

What Level Do You Register For?

If you are not sure which level to register your child for, please register them as follows:

- Skaters who are 6 years old and younger, who have never skated before, should register for Beginner 1.
- Skaters who are 7 years old and older, who have never skated before, should register for Pre-Alpha and make a note on their registration form that they are new to skating.
- Skaters who are in 1st grade and older who have skated before, or who have passed Beginner 4, please register for Pre-Alpha.

HealthEastSportsCenter.com 651-714-3740

Beginner 1

Must be at least 3 years old. For skaters with no previous skating experience. Class emphasis is on learning to stand, fall and move on the ice through songs and games. Protective headgear is required. Younger Beginner 1 skaters (3-4 years old) have the option to have their parents attend class with them. Parents must have skates on. We encourage all older Beginner 1 skaters to attend class on their own.

Ages 3-6 years old		Res \$90/NR \$100
Saturdays, Sept. 11-Oct. 23	10:20-11:20 a.m.	#631400-02
Saturdays, Nov. 6-Dec. 18	10:20-11:20 a.m.	#631400-06
Sundays, Sept. 12-Oct. 24	2-3 p.m.	#631400-03
Sundays, Oct. 31-Dec. 12	2-3 p.m.	#631400-07
Tuesdays, Sept. 7-Oct. 19	5:30-6:30 p.m.	#631400-04
Tuesdays, Oct. 26-Dec. 7	6-7 p.m.	#631400-08

Beginner 2

For skaters previously enrolled in the skating program and who have completed all of Beginner 1 skills. Class emphasis is on continuing forward skating and gliding, swizzles and backward skating. **Protective headgear is required.**

		Res \$90/NR \$100
Saturdays, Sept. 11-Oct. 23	10:20-11:20 a.m.	#631411-02
Saturdays, Nov. 6-Dec. 18	10:20-11:20 a.m.	#631411-06
Sundays, Sept. 12-Oct. 24	2-3 p.m.	#631411-03
Sundays, Oct. 31-Dec. 12	2-3 p.m.	#631411-07
Tuesdays, Sept. 7-Oct. 19	5:30-6:30 p.m.	#631411-04
Tuesdays, Oct. 26-Dec. 7	6-7 p.m.	#631411-08

Beginner 3

For Kindergarten and younger who have passed Beginner 2. Swizzles, stops and backward skating are taught.

		Res \$90/NR \$100
Saturdays, Sept. 11-Oct. 23	10:20-11:20 a.m.	#631422-02
Saturdays, Nov. 6-Dec. 18	10:20-11:20 a.m.	#631422-06
Sundays, Sept. 12-Oct. 24	2-3 p.m.	#631422-03
Sundays, Oct. 31-Dec. 12	2-3 p.m.	#631422-07
Tuesdays, Sept. 7-Oct. 19	5:30-6:30 p.m.	#631422-04
Tuesdays, Oct. 26-Dec. 7	6-7 p.m.	#631422-08

Beginner 4

For Kindergarten and younger skaters who have passed Beginner 3. Class emphasis is on backward skating, backward swizzles, stopping and gliding on one foot.

		Res \$90/NR \$100
Saturdays, Sept. 11-Oct. 23	10:20-11:20 a.m.	#631424-02
Saturdays, Nov. 6-Dec. 18	10:20-11:20 a.m.	#631424-06
Sundays, Sept. 12-Oct. 24	2-3 p.m.	#631424-03
Sundays, Oct. 31-Dec. 12	2-3 p.m.	#631424-07
Tuesdays, Sept. 7-Oct. 19	5:30-6:30 p.m.	#631424-04
Tuesdays, Oct. 26-Dec. 7	6-7 p.m.	#631424-08

Woodbury Parks and Recreation: 651-714-3583 | REGISTRATION INFORMATION AT WOODBURYRECREATION COMPARISON OF THE ACCURACY CONTRACTOR OF THE ACCURACY CONTRACTO SPORTS CENTER

Pre-Alpha

For skaters 7 and older who are new to skating or who have passed Beginner 4. This class will introduce forward and backward skating, stopping, gliding on one foot and swizzles.

Ages 7 and older		Res \$90/NR \$100
Saturdays, Sept. 11-Oct. 23	10:20-11:20 a.m.	#631433-02
Saturdays, Nov. 6-Dec. 18	10:20-11:20 a.m.	#631433-06
Sundays, Sept. 12-Oct. 24	2:30-3:30 p.m.	#631433-03
Sundays, Oct. 31-Dec. 12	2:30-3:30 p.m.	#631433-07
Tuesdays, Sept. 7-Oct. 19	5:30-6:30 p.m.	#631433-04
Tuesdays, Oct. 26-Dec. 7	6-7 p.m.	#631433-08

Alpha

For skaters who have successfully completed Pre-Alpha. Forward crossovers and stroking are taught.

		Res \$90/NR \$100
Saturdays, Sept. 11-Oct. 23	10:20-11:20 a.m.	#631444-02
Saturdays, Nov. 6-Dec. 18	10:20-11:20 a.m.	#631444-06
Sundays, Sept. 12-Oct. 24	2:30-3:30 p.m.	#631444-03
Sundays, Oct. 31-Dec. 12	2:30-3:30 p.m.	#631444-07
Tuesdays, Sept. 7-Oct. 19	5:30-6:30 p.m.	#631444-04
Tuesdays, Oct. 26-Dec. 7	6-7 p.m.	#631444-08

Beta

For skaters who have successfully completed Alpha. Emphasis is on back crossovers and t-stops.

		Res \$90/NR \$100
Saturdays, Sept. 11-Oct. 23	9:50-10:50 a.m.	#631455-01
Saturdays, Nov. 6-Dec. 18	9:50-10:50 a.m.	#631455-05
Sundays, Sept. 12-Oct. 24	2:30-3:30 p.m.	#631455-03
Sundays, Oct. 31-Dec. 12	2:30-3:30 p.m.	#631455-07
Tuesdays, Sept. 7-Oct. 19	5:30-6:30 p.m.	#631455-04
Tuesdays, Oct. 26-Dec. 7	6-7 p.m.	#631455-08

Gamma

For skaters who have successfully completed Beta. Turns are taught along with stops and Mohawk turns.

		Res \$90/NR \$100
Saturdays, Sept. 11-Oct. 23	9:50-10:50 a.m.	#631466-01
Saturdays, Nov. 6-Dec. 18	9:50-10:50 a.m.	#631466-05
Sundays, Sept. 12-Oct. 24	2:30-3:30 p.m.	#631466-03
Sundays, Oct. 31-Dec. 12	2:30-3:30 p.m.	#631466-07
Tuesdays, Sept. 7-Oct. 19	5:30-6:30 p.m.	#631466-04
Tuesdays, Oct. 26-Dec. 7	6-7 p.m.	#631466-08

Delta

For skaters who have successfully completed Gamma. Skaters will learn edge control, body alignment and balance in preparation for the freestyle levels.

		Res \$90/NR \$100
Saturday, Sept. 11-Oct. 23	9:50-10:50 a.m.	#631477-01
Saturdays, Nov. 6-Dec. 18	9:50-10:50 a.m.	#631477-05
Sundays, Sept. 12-Oct. 24	2:30-3:30 p.m.	#631477-03
Sundays, Oct. 31-Dec. 12	2:30-3:30 p.m.	#631477-07
Tuesdays, Sept. 7-Oct. 19	5:30-6:30 p.m.	#631477-04
Tuesdays, Oct. 26-Dec. 7	6-7 p.m.	#631477-08

Freestyle 1-5

For skaters who have successfully completed the Delta level. Skaters learn to jump, spin and do other exciting skills. Creating skating programs to music and progressing to more difficult jumps and spins is achieved at each level.

		Res \$90/NR \$100
Saturday, Sept. 11-Oct. 23	9:50-10:50 a.m.	#631488-01
Saturdays, Nov. 6-Dec. 18	9:50-10:50 a.m.	#631488-05
Sundays, Sept. 12-Oct. 24	2:30-3:30pm	#631488-03
Sundays, Oct. 31-Dec. 12	2:30-3:30 p.m.	#631488-07

Adult Beginner

This class is for adults who have never skated or who have very little skating experience.

		Kes \$90/NK \$100
Saturdays, Sept. 11-Oct. 23	10:20-11:20 a.m.	#631500-02
Saturdays, Nov. 6-Dec. 18	10:20-11:20 a.m.	#631500-06
Sundays, Sept. 12-Oct. 24	2:30-3:30 p.m.	#631500-03
Sundays, Oct. 31-Dec. 12	2:30-3:30 p.m.	#631500-07
Tuesdays, Sept. 7-Oct. 19	5:30-6:30 p.m.	#631500-04
Tuesdays, Oct. 26-Dec. 7	6-7 p.m.	#631500-08

Adult Intermediate

This class is for adults who can skate forward and backward well and wish to learn more complicated turns and crossovers.

		Res \$90/NR \$100
Saturdays, Sept. 11-Oct. 23	10:20-11:20 a.m.	#631511-02
Saturdays, Nov. 6-Dec. 18	10:20-11:20 a.m.	#631511-06
Sundays, Sept. 12-Oct. 24	2:30-3:30 p.m.	#631511-03
Sundays, Oct. 31-Dec. 12	2:30-3:30 p.m.	#631511-07
Tuesdays, Sept. 7-Oct. 19	5:30-6:30 p.m.	#631511-04
Tuesdays, Oct. 26-Dec. 7	6-7 p.m.	#631511-08

HealthEastSportsCenter.com 651-714-3740

HealthEast SPORTS CENTER

Skater's Open Practice Ice

This ice time is for skaters to take a private lesson, semi-private lesson or just to get extra practice time. A coach's list for private lessons will be available. The fee is for ice time only. The coaching fee is separate and paid directly to the coach of your choice. It is up to the skater to contact their own private coach. For Pre-Alpha through Freestyle levels.

		Res \$90/NR \$100
Saturdays, Sept. 11-Oct. 23	9:15-9:50 a.m.	#631544-01
Saturdays, Nov. 6-Dec. 18	9:15-9:50 a.m.	#631544-05
Sundays, Sept. 12-Oct. 24	3:30-4:30 p.m.	#631544-03
Sundays, Oct. 31-Dec. 12	3:30-4:30 p.m.	#631544-07

Saturday Team Ensemble/Team Compulsory

This class is for skaters in Pre-Alpha through Freestyle who would like to be on a team of 3 to 6 skaters and would like to participate in a skating competition as a team member. This is a fun way to work on your skating skills while putting together a number with music. Skaters will have the opportunity to compete against other teams in competition. Fee includes music, costumes and instruction.

Pre-Alpha through Freestyle		
Saturdays, Sept. 11-Oct. 23	9:15-9:50 a.m.	#631555-01
Saturdays, Nov. 6-Dec. 18	9:15-9:50 a.m.	#631555-05

Sunday Team Ensemble/Team Compulsory

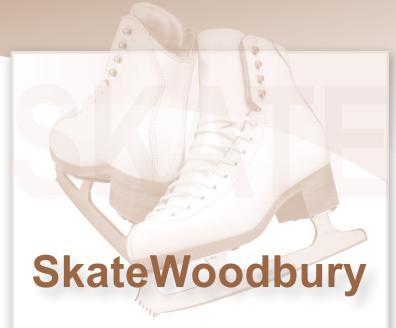
This class is for skaters who would like to be on a team of 3 to 6 skaters and would like to participate in a skating competition as a team member. This is a fun way to work on your skating skills while putting together a number with music. Skaters will have the opportunity to compete against other teams in competition. Fee includes music, costumes and instruction.

		Res \$90/NR \$100
Sundays, Sept. 12-Oct. 24	4:15-4:45 p.m.	#631555-03
Sundays, Oct. 31-Dec. 12	4:15-4:45 p.m.	#631555-07

Introduction to Synchronized Skating

Synchronized skating involves a group of 8-20 skaters performing to music with different formations in unison. Formations consist of blocks, spokes, intersections and lines. Skaters will learn the basic steps of synchronized skating and put a short program together.

		Res \$90/NR \$100
Saturdays, Sept. 11-Oct. 23	8:15-9:15 a.m.	#631566-01
Saturdays, Nov. 6-Dec. 18	8:15-9:15 a.m.	#631566-05
Sundays, Sept. 12-Oct. 24	3:30-4:15 p.m.	#631566-03
Sundays, Oct. 31-Dec. 12	3:30-4:15 p.m.	#631566-07



Holiday Exhibition and Party at HealthEast Sports Center

Join us on Sunday, Dec. 19, from 2:45-4:45 p.m. for family fun including open skating, games, a skating exhibition, etc. More information will be posted online at healtheastsportscenter.com.

Tickets can be purchased at the door on the day of the event for \$10/family.

Stay up to date on happenings at HSC



@HealtheastSportsCenter



@Healtheastsport

HealthEastSportsCenter.com 651-714-3740

Special Events

New Year's Eve Matinee

A celebration to ring in the New Year just for little ones! The sports center's field house will be filled with inflatables to bounce, run and climb in, obstacle courses, picture bingo to play for prizes, crafts and more! The countdown to the "New Year" will take place at 3:45 p.m.

Recommended ages 3-7 (an adult must accompany children)
Res/NR \$10 per child if pre-registered (only children need to register)
Res/NR \$12 at the door if available

HealthEast Sports Center

Friday, Dec. 31

2-4 p.m.

#550610-02



New Year's Eve Family Celebration

It's the party of the year! The sports center will be filled with fun inflatables, huge moonwalks, obstacle courses, bingo, ice skating, music, crafts a photo booth and so much more to make this evening a fun night for all! Door prize drawings will be held at 8:30 p.m. followed by the big countdown to 2022. Tickets must be purchased for all attendees age 3 and older.

Recommended for families with children under 12 \$10 per person if pre-registered (adults and children) \$12 at the door if available

HealthEast Sports Center

Friday, Dec. 31 6-9 p.m. #550610-01











A HUGE THANK YOU TO OUR SPONSORS

Sponsorship opportunities are still available. Contact 651-414-3437 today for more information.



ROOM































DUNNORTHO









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Ojibway Park Building



The building at Ojibway Park features a serving kitchen, patio space overlooking the Lions Club Bandshell, audio/video equipment, and Wi-Fi. Call 651-714-3586 for more details. For all park building and shelter rental information visit woodburymn.gov/ParkRentals.

Central Park

Space is available to rent for meetings, programs, weddings and events. For more information, visit the website at woodburycentralpark.com, email centralpark@woodburymn.gov or call 651-714-3799.



Building Hours

Monday-Thursday	8 a.m8 p.m.
Friday	8 a.m5 p.m.
Saturday	9:30 a.m5 p.m.
Sunday	1-5 p.m.

Lookout Ridge

Lookout Ridge is currently open for play and private rentals. For current hours and regulations, visit woodburylookoutridge.com.

For private rentals and birthday party information, email centralpark@woodburymn.gov or call 651-714-3799.





Eagle Valley Clubhouse

The Eagle Valley Golf Course Clubhouse is available year-

round for hourly and full day rentals.

For more information visit the website at <u>eaglevalleygc.com</u> or call 651-714-3586.

Don't miss these FALL events!

Big Truck Halloween New Year's
Day Hoopla Eve Matinee
Saturday, Sept. 25 Oct. 23 Friday,
Dec. 31

See inside covers for more information.